

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 Gables of Green  Memory Care				10am: Exercise 1 11am: Daily Chronicle and Refreshments 1pm: Nails  2pm: Whiteboard Games 3pm: Coloring 5pm: Movie	2 10am: Exercise 11am: Daily Chronicle and Refreshments 1:30pm: Happy Hour with Doug Domonic 2:30pm: Social with Friends 3:30pm: BINGO 5pm: Golden Girls Reruns	3 10am: Exercise 11am: Daily Chronicle and Refreshments 1pm: Puzzles with Friends  2pm: Music and Coloring 3pm: Balloon Toss 5pm: Movie Simchat Torah Begins
10am: Seated Yoga 4 11am: Hymns Sing Along 1pm: Social, Snacks, and FOOTBALL 	10am: Daily Chronicle & Refreshments 5 11am: Exercise 1pm: Cooking Demo: Caramel Cinnamon Apple Cookies 2:30pm: BINGO 5pm: Documentary	10am: Exercise 6  11am: Hymns with Billy! 1pm: Arts and Crafts 3pm: Trivia 5pm: Wheel of Fortune	10am: Exercise 7 11am: Daily Chronicle and Refreshments 1pm: Sports Game 2pm: Resident's Choice 5pm: Family Feud 	10am: Exercise 8 11am: Coffee & Chronicle  1:30 - Dog Show - SB THE CARE TEAM Hospice Care 1pm: Nails 2pm: Whiteboard Games 3pm: Coloring 5pm: Movie	10am: Exercise 9 11am: Daily Chronicle and Refreshments 1:30pm: Social with Friends 2:30pm: Octoberfest on AL  3:30pm: BINGO 5pm: Golden Girls Reruns	10am: Exercise 10 11am: Daily Chronicle and Refreshments 1pm: Puzzles with Friends 2pm: Music and Coloring 3pm: Balloon Toss 5pm: Movie
10am: Seated Yoga 11 11am: Hymns Sing Along 1pm: Social, Snacks, and FOOTBALL 	National Vermont Day! 12 10am: Coffee & Chronicles 11am: Teammates Visit 1pm: Cooking Demo: Harvest Puppy Chow 1:30pm: Travel Vermont 2 :30pm : BINGO 5pm: Documentary Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	10am: Exercise 13 11am: Hymns with Billy!  1pm: Arts and Crafts 3pm: Trivia 5pm: Wheel of Fortune	10am: Exercise 14 11am: Daily Chronicle and Refreshments 1pm: Sports Game 2pm: Resident's Choice 5pm: Family Feud	10am: Exercise 15 11am: Daily Chronicle and Refreshments 1pm: Nails 2pm: Whiteboard Games 3pm: Coloring 5pm: Movie	10am: Exercise 16 11am: Daily Chronicle and Refreshments 1:30pm: Social with Friends 2:30pm: Happy Hour with Gerald on AL 3:30pm: BINGO 5pm: Golden Girls Reruns	10am: Exercise 17 11am: Daily Chronicle and Refreshments 1pm: Puzzles with Friends 2pm: Music and Coloring  3pm: Balloon Toss 5pm: Movie
10am: Seated Yoga 18 11am: Hymns Sing Along 1pm: Social, Snacks, and FOOTBALL 	11am: Daily Chronicle & Refreshments 19 11am: Exercise 1pm: Cooking Demo: Caramel Apple Grape Bites 2:30pm: BINGO 5pm: Documentary	10am: Exercise 20 11am: Hymns with Billy! 1pm: Arts and Crafts with Amanda  3pm: Trivia 5pm: Wheel of Fortune	10am: Exercise 21 11am: Daily Chronicle and Refreshments 1pm: Sports Game 2pm: Resident's Choice 5pm: Family Feud 	National Color Day! 22 10am: Exercise 11am: Daily Chronicle and Refreshments 1pm: Nails 2pm: Whiteboard Games 3pm: Coloring 5pm: Movie Trick or Treat 4-6pm	10am: Exercise 23 11am: Daily Chronicle and Refreshments 1:30pm: Happy Hour with Michael Davis 2:30pm: Social with Friends 3:30pm: BINGO 5pm: Golden Girls Reruns	10am: Exercise 24 11am: Daily Chronicle and Refreshments 1pm: Puzzles with Friends 2pm: Music and Coloring 3pm: Balloon Toss  5pm: Movie
10am: Seated Yoga 25 11am: Hymns Sing Along 1pm: Social, Snacks, and FOOTBALL 	National Pumpkin Day! 26 10am: Coffee & Chronicles 11am: Teammates Visit 1pm: Cooking Demo: Pumpkin Muffins 2:30pm: BINGO 5pm: Documentary	10am: Exercise 27 11am: Hymns with Billy! 1pm: Arts and Crafts 3pm: Trivia 5pm: Wheel of Fortune 	10am: Exercise 28 11am: Daily Chronicle and Refreshments 1pm: Sports Game 2pm: Resident's Choice 5pm: Family Feud	10am: Exercise 29 11am: Daily Chronicle and Refreshments 1pm: Nails  2pm: Whiteboard Games 3pm: Coloring 5pm: Movie	10am: Exercise 30 11am: Daily Chronicle and Refreshments 1:30pm: Happy Hour with Tim Leali 2:30pm: Social with Friends 3:30pm: BINGO 5pm: Golden Girls Reruns	10am: Exercise 31 11am: Daily Chronicle and Refreshments 1pm: Puzzles with Friends 2pm: Music and Coloring 3pm: Balloon Toss 5pm: Movie  Halloween